

FlexEze™

Flexible Active Pain Relief

Practitioner Heat Wrap Instructions

Endorsed by:



Professional Pack - Heat Patch 50



Professional Pack - Body Wrap 24

- FlexEze Heat Wraps contain eco-friendly ingredients, iron powder, charcoal and salt.
- Opening Heat Patch exposes it to air and activates iron powder to oxidise and release heat.
- Allow approximately 30 mins for patch to heat up. Heat lasts for up to 12 hours.



HEAT WRAP APPLICATION IN LOWER BACK PAIN

FlexEze Heat Wrap

- Insert 1 or 2 FlexEze Heat Patches into Body Wrap without removal of backing paper. Face paperside away from body.
- Position wrap around lower back and fasten velcro when in desired position.



HEAT PATCH APPLICATION IN JOINT PAIN

FlexEze Heat Patch with Tubiskin

- Apply Tubiskin to joint.
- Stick Heat Patch to Tubiskin and fold back over patch to hold in position.



- Do not apply Heat Patch directly to skin.
- Always use patches in Body Wrap, Tubiskin or onto clothing/gown.
- Do not sleep overnight in Heat Wrap
- Do not microwave or heat the patch or wrap.
- Do not combine with other heat sources, creams or topical medications.
- Do not apply over pain patches, wet, cut or knead patch.
- Do not wear tight fitting belt or waist band over wrap or patch.
- Remove Heat Patches prior to MRI or X-Ray as it contains iron powder.

PRECAUTIONS